WEEK 1

	Main Meals	Desserts
Monday	Margarita **Pizza with Sweetcorn (V) Baked Potato with *Cheese (V) (GF) Lentil & Vegetable Chilli with Rice (VG) (GF)	Fresh Fruit or Yogurt (VG)
Tuesday	'Brunch Lunch' Pork Sausage, Roasted Tomato, Hash Brown & Beans 'Vegan Brunch' Vegan Sausage, Roasted Tomato, Hash Brown & Beans (VG) Baked Potato with Baked Beans & Grated *Cheese (V) (GF)	Fruit Jelly or Yogurt (VG)
Wednesday	Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy (GF) Quorn Nuggets, Roast Potatoes & Seasonal Vegetables (VG) Baked Potato with Grated *Cheese (V)(GF)	Fruit Fruit or Yogurt (VG)
Thursday	Beef Bolognaise with **Pasta & Peas Tomato Sauce with **Pasta & Peas (VG) Baked Potato with Grated *Cheese (V)(GF)	Fresh Fruit (VG) or Greek Yogurt with Blackcurrants
Friday	**Breaded Fish Fingers, Oven Chips & Peas Vegetable Samosa, Oven Chips & Peas (VG) Baked Potato with Tuna Mayonnaise (GF)	Blueberry Muffin (V) or Fresh Fruit(VG)

Week 1 :
31/08, 21/09, 12/10,2/11, 23/11, 14/12

*Vegan Cheese is available upon request
**Gluten Free item available upon request

WEEK 2

	Main Meals	Desserts
Monday	Plain Pasta served with Tomato & Basil Sauce (VG) Potato & Vegetable Omelette with Sweetcorn (V)(GF) Baked Potato with *Grated Cheese(V) (GF)	Fresh Fruit or Yogurt (VG)
Tuesday	Beef Burger with *Bun & Baked Beans (GF) Vegetable Burger with *Bun & Baked Beans (V) Baked Potato with Beans & *Cheese (VG) (GF)	Fresh Orange Wedges or Yogurt (VG)
Wednesday	Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy (GF) Baked Cheese Pasty Roast Potatoes & Seasonal Vegetables (V) Baked Potato with Baked Beans VG)(GF)	Fruit Fruit or Yogurt (VG)
Thursday	Bacon & Tomato Pasta Bake with Peas Pesto **Pasta & Peas (VG) Baked Potato with Grated *Cheese (V)(GF)	Fresh Fruit (VG) or Strawberry Yogurt with Berries
Friday	**Breaded White Fishcake, Oven Chips & Beans Vegan Sausage Roll, Oven Chips & Beans (VG) Baked Potato with Beans & Cheese (GF)	Chocolate Chip Muffin (V) or Fresh Fruit(VG)

Week 2 :
7/9, 28/9, 19/10, 9/11, 30/11

Everyday we provide a salad bar and wholemeal bread

WEEK 3

	Main Meals	Desserts
Monday	Macaroni Cheese & Green Vegetables (V) Pesto Pasta & Green Vegetables (VG) Baked Potato with *Grated Cheese (V) (GF)	Fresh Fruit or Yogurt (VG)
Tuesday	Beef Meat Balls, Tomato Sauce Steamed Rice & Carrots (GF) Vegan Meat Balls in Tomato Sauce with Rice & Carrots (VG) V GF Baked Potato with Grated *Cheese (V)(GF)	Greek Yogurt with Mango Chunks or Fresh Fruit
Wednesday	Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy (GF) Vegan Sausage Roll, Roast Potatoes & Seasonal Vegetables (VG) Baked Potato with Grated *Cheese (V)(GF)	Fruit Fruit or Yogurt (VG)
Thursday	**Pork Sausage, Mash Potato & Mixed Vegetables Vegan Sausage, Mash Potatoes & Mixed Vegetables (VG) Baked Potato with Grated *Cheese (V)(GF)	Fruit Jelly & Cream or Yogurt (VG)
Friday	**Breaded White Fish Fillet, Oven Chips & Peas Vegetable Samosa, Oven Chips & Peas (VG) Baked Potato with Tuna Mayonnaise (GF)	Blueberry Muffin (V) or Fresh Fruit(VG)

Week 3 :
14/9, 5/10, 26/10 (Half Term) 16/11, 7/12

(V) Vegetarian (GF) Gluten Free (VG) Vegan